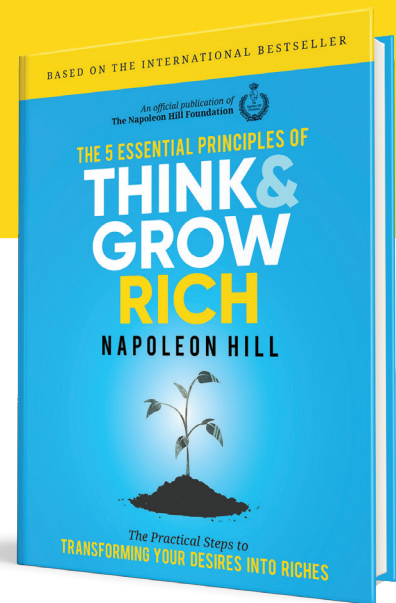




Spark Impact in Just One Hour

Value-Building Experiences by
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Guide for Achievers

The 5 Essential Principals of Think and Grow Rich by Napoleon Hill

Includes printable worksheet for meeting participants

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*The path to success is easy to find –
what determines accomplishments starts with the power of the mind.
What are the tools you can use to turn your vision into reality?*

Prior to your meeting, provide a copy of *The 5 Essential Principals of Think and Grow Rich* to each meeting participant, and request the participants read the book and come prepared for discussion. The book will also serve as a learning tool and a future resource to reinforce training ideas.

Ask these thought-provoking questions prior to discussing the book:

1. What is a recent goal of yours, and what steps did you take to achieve it?
 - a. If you achieved your goal, how?
 - b. If you did not achieve your goal, what was in the way of accomplishing it?
2. What has stopped you from focusing on a particular goal?



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Book Discussion Questions

Desire: The Starting Point of All Achievement

- What goals are you willing to fight for?
- How much are you willing to pay to achieve your goals?
- What is your starting point for achievement?
- With your goal in mind, write out the steps you need to take to achieve it.

Imagination: The Workshop of the Mind

- Once you have your goal, how do you envision the process of achievement?
- What values are important to you for achieving your goals?
- Will these values transform your desire into a tangible reality of success?
- How can you further develop your vision in order to exceed your expectation of success?

Persistence: The Sustained Effort Necessary to Produce Success

- How do you react when faced with challenges that get in the way of achieving your goals?
- In what ways can you reframe negative reactions into positive steps toward reaching your goal?
- What can you learn from your failures?
- How can you increase your willpower and create momentum toward achieving your goals?



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Power of the Master Mind: The Driving Force

- How can you take action for your goals?
- Who can you collaborate with in order to achieve your goals?
- What negative emotions are holding you back from success?
- How can you create more positive emotions in order to succeed?

How to Outwit the Six Ghosts of Fear

- What fears do you have that threaten the ability to achieve your goals?
- What steps can you take to defeat your personal fears?
- What are you indecisive about?
- In what areas does your indecisiveness hinder your ability to achieve your goals?
- How can you build confidence so that you can make strong decisions?
- How do you define success?
- How do you define failure?

Use the tools from *The 5 Essential Principles of Think and Grow Rich*
to make your goals a reality.

**THE SKY IS THE LIMIT AND IT ALL BEGINS
WITH HOW YOU THINK.**