

Spark Impact in Just One Hour

Value-Building Experiences
by SimpleTruths.com

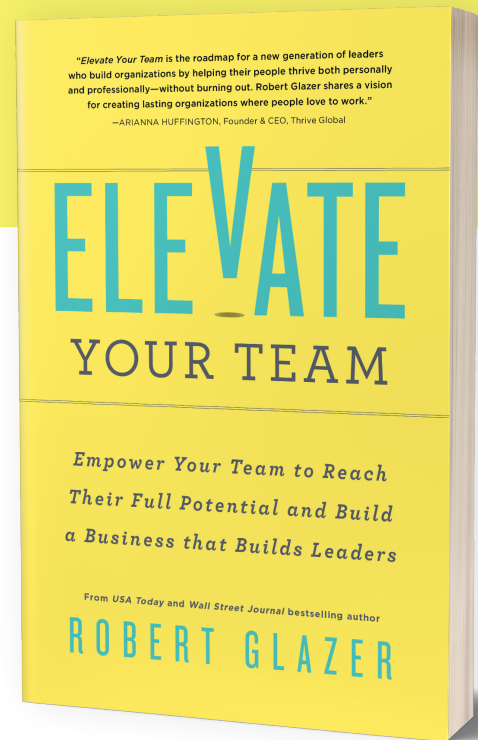
Discussion Guide:

Elevate Your Team

By Robert Glazer

Includes printable worksheet for meeting participants

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BOOK DISCUSSION QUESTIONS

Chapter One – Why You Need Capacity Building

- Which capacity are you strongest in? Where do you have the most room for improvement?
- Who is a leader you have experience with who helped others improve. How?

Chapter Two – Build Your Team's Spiritual Capacity

- What is the most important trait that you want the people you work with to have? Why?
- Of the nine Why Archetypes, which one resonates with you most, and why?

Chapter Three – Build Your Team's Intellectual Capacity

- What can you do to help people in your professional environment learn more together?
- What is a difficult feedback conversation you had to have with someone else. What do you wish had gone differently?

Chapter Four – Build Your Team’s Physical Capacity

- How can you create buffers between your personal and professional live, especially if you work remotely?
- What is an effective way for leaders and managers to encourage employees to protect their health and wellbeing?

Chapter Five – Build Your Team’s Emotional Capacity

- When have you shown vulnerability in a professional context? What was the result?
- What is causing you stress at the moment? How can you take more ownership over those stressors?

Chapter Six – Capacity Building and People Management

- What are some hallmarks of high capacity people in a workplace?
- Roleplay: Imagine you have to hire above a person on your team. How will you explain this to them?

Chapter Seven – Building A Path

- What next step will you take to build your individual capacity?
- What next step will you take to build your professional team’s capacity?

Contact us to learn more or tell us about how this Discussion Guide sparked impact for you and your team!

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